

5 New Winter Weekend Getaways

The Deadliest
Round-the-World Race

Men's Journal

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BEST SHAPE OF YOUR LIFE

Real Safari
On Foot with the Maasai

**Holiday
Drinking**
The Professional's Guide

**A New
Body
In 12
Weeks**

Simple Three-
part Plan

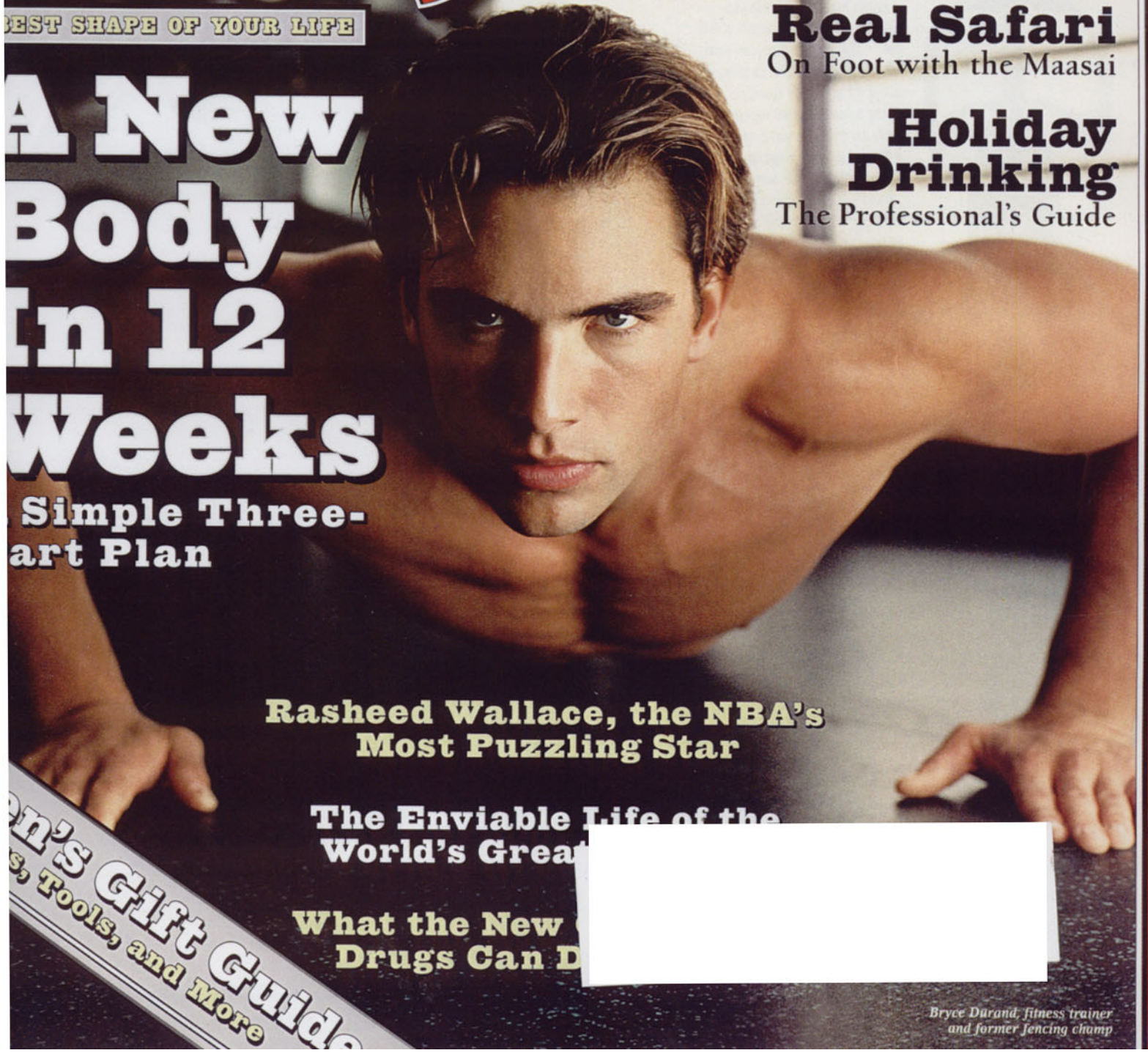
**Rasheed Wallace, the NBA's
Most Puzzling Star**

**The Envious Life of the
World's Great**

**What the New
Drugs Can Do**

Men's Gift Guide
Tools, and More

*Bryce Durand, fitness trainer
and former fencing champ*



SUN MOUNTAIN HARD-PAQ TRAVELER (\$199)

Unlike superficially similar urban fashion statements, the Sun Mountain Hard-Paq was designed for the outdoors, with a firm exoskeleton and soft padding and straps on the backside. The waterproof shell wards off knocks and bangs, protecting gear inside better than soft-sided backpacks. (800-227-9224 or hard-paq.com)



SNOWCLAW (\$14)

The six-ounce SnowClaw moves serious snow in an avalanche or other snowbound emergency: Just put your mitts on the sides and dig like Fido. When the going gets really rough, the SnowClaw does double duty as a splint. (877-904-3200 or snowclaw.com)

BODYGUARD QUANTUM 4 (\$2,495)

Need more motivation when you're working out at home? Imagine you've got a cush new office on the 99th floor and all the elevators are out. The Quantum 4 stair climber has an LCD screen that tracks your progress as you make your way up your choice of skyscraper, including the Statue of Liberty, Sears Tower, Eiffel Tower, Empire State Building, and CN Tower. (800-373-2639 or bodyguard-fitness.com)



GOLITE REACH CLIMBING JACKET (\$195)

The 11.5-ounce Reach won't weigh you down while it keeps you dry. It features a waterproof, breathable laminate, ample venting, reinforced shoulders and elbows, and an oversize hood that can accommodate a climbing helmet. (888-546-5483 or golite.com)

K2 BC FIELD TOOL (\$37)

Sometimes the most important tool for any snowboarder or skier is the bottle opener. The BC Field Tool has a removable one that doubles as a 10mm open-end wrench, and also includes a lace puller, binding adjuster, nut tightener, and strap trimmer. Everything you need for a day on the snow, and it's about the same size as a standard-issue Swiss Army knife. (800-666-2579 or k2snowboards.com)

